

**QUESTION DETAILS**

MINISTRY OF : HEALTH AND FAMILY WELFARE

**RAJYA SABHA**

UNSTARRED QUESTION NO 918  
TO BE ANSWERED ON 18.12.2018  
Rise in obesity cases among children

918. Shri G.C. Chandrashekhar

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:-

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) the measures the Ministry intends to take in collaboration with other overlapping departments to tackle obesity which is a rising problem both among urban and rural population especially children and young adolescents as there are increased outlets of junk food at entertainment centres visited by them;

(b) whether UK Government has recently taken specific steps to reduce the portion of junk food served and the calorie content taken by them; and

(c) the specific activities envisioned by Government to improve and promote healthy eating habits among school children?

**Answer**

ANSWER

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE

(SMT. ANUPRIYA PATEL)

(a) to (c): Obesity is one of risk factors of Non-Communicable Diseases (NCDs) and is influenced by lifestyle as well as food and eating habits. Recognizing that many of interventions related to the risk factors of NCDs fall outside the domain of Health Sector, a National Multi-Sectoral Action Plan (NMAP) has been formulated. The plan has been developed, inter alia, in consultation of different Union Government Departments, State Governments, and Inter-Governmental Organisations such as World Health Organization.

National Institute of Nutrition, an Institution under Indian Council of Medical Research (ICMR) is working in the area of nutritional education such as development of IEC material for healthy eating.

Food Safety and Standards Authority of India (FSSAI) has launched 'Eat Right India' movement, which includes various activities such as Swastha Bharat Yatra and poster competition inter alia. 20 major Food Business Operators including Britannia, ITC, Kellogg and Nestle have pledged to continuously work towards evaluating and reformulating their products to reduce Fat, Sugar and Salt.

Ministry of Women and Child Development had constituted a Working Group to address consumption of food high in Fat, Salt and Sugar. Central Board of Secondary Education has issued advisory covering major recommendations of the report.

Food and Nutrition Board under Ministry of Women and Child Development is engaged in awareness generation on nutrition.

FSSAI has launched Safe and Nutritious Food initiative focusing on social and behavioral change through food safety and nutrition.

An Expert Committee has been set up under the chairmanship of Additional Secretary (Health), Ministry of Health and Family Welfare on reducing the exposure of High Fat Sugar and Salt (HFSS) food.

The committee and the institutions working in the area of healthy food take cognizance of interventions being implemented in different countries including United Kingdom.

[ENGLISH VERSION](#)

[HINDI VERSION](#)